

Thank you for joining us!

Session: Virtual Field Trip: 6-8th Grade Trainer: Anne Contreras, Director of Programs

Getting Started:

- 1. Please set up your space so that you have room to move and a four-legged chair with no wheels to sit on.
- 2. Be sure to keep a pen/pencil/paper nearby to jot down your thoughts.



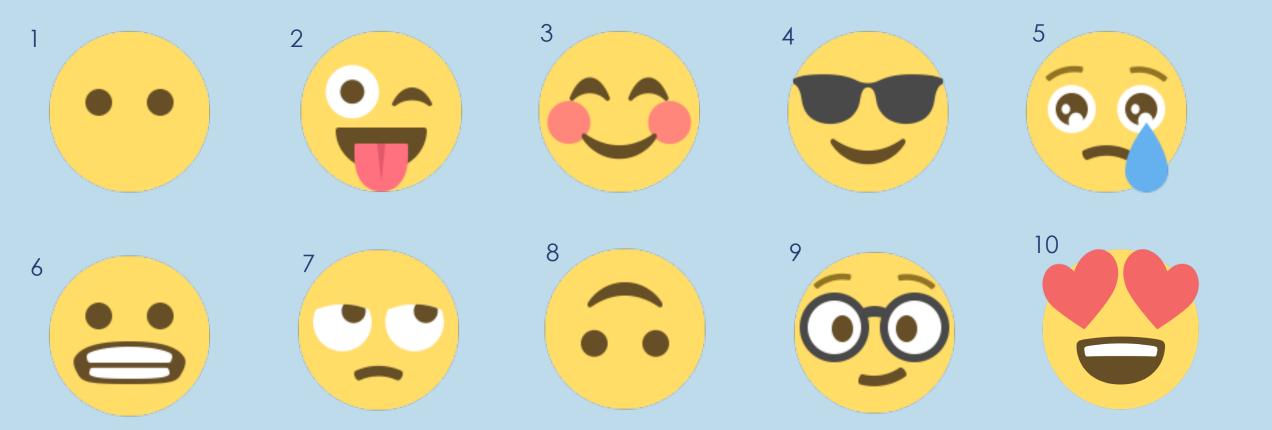
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Introductions



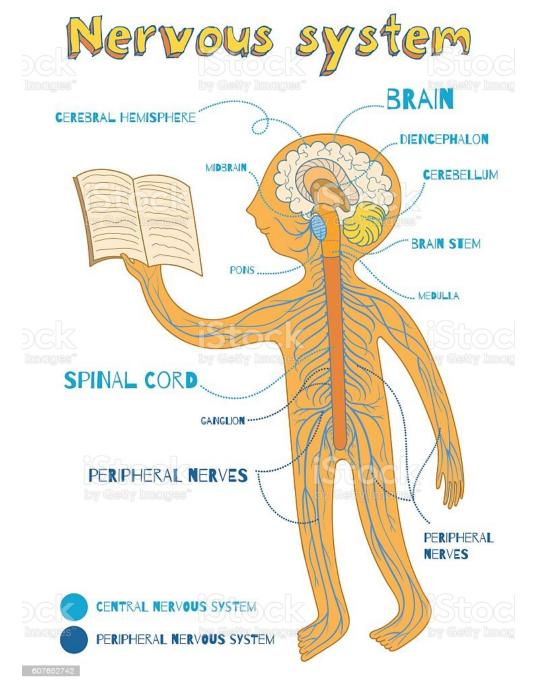
Please respond to the poll by choosing which one of the emojis best describes how you are feeling.



Learning Objectives

- 1. A Peek Inside the Amazing Brain Virtual tour
- 2. Understand the Brain-Body Connection
- 3. Learn four parts of the brain.
- 4. Understand how we use each part in our daily activities and actions.







Central Nervous System

The Brain and Spinal Cord make up the...

The brain stem

The limbic system

The Cerebellum

The Cerebrum

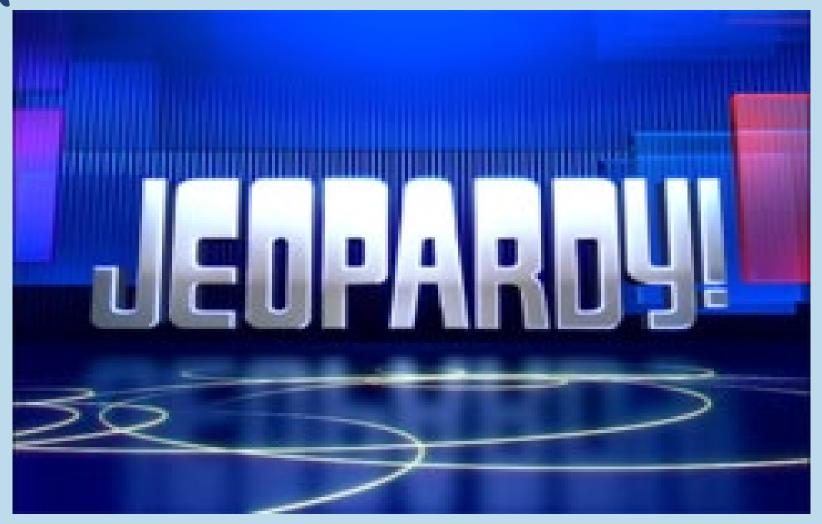
The brain is made up of...

The brain and the body are always working together.





Optimistic Closure: Jeopardy







The largest part of the brain is made up of the CORTEX which is unique to humans.



Also known as the Little Brain



Houses our **survival mechanisms** such as:
respiration, heartbeat, and blood pressure.



Processes emotions, feelings of safety, and contentment.



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