

## SESSION 3 //

Purpose in Action



#### YOUR GUIDE



#### **BRANDY ARNOLD** (she/her)

Director of School Success + Training





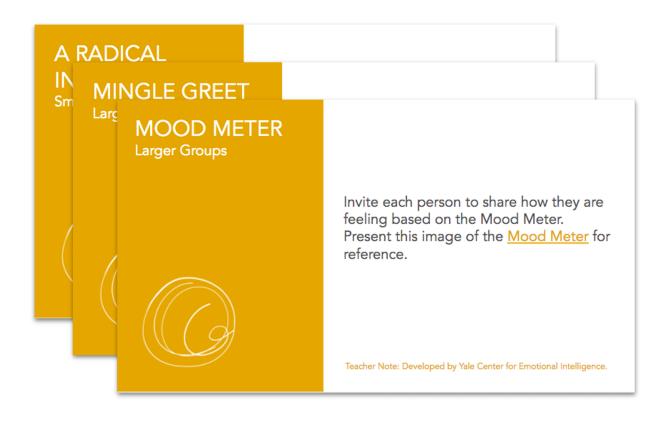








#### WELCOME RITUAL



#### WELCOME RITUAL

Enraged	Furious	Frustrated	Shocked	M	Surprised	Upbeat	Motivated	Ecstatic
Livid	Frightened	Nervous	Restless	0	Hyper	Cheerful	Inspired	Elated
Fuming	Apprehensive	Worried	Annoyed	0	Energized	Lively	Optimistic	Thrilled
Repulsed	Troubled	Uneasy	Peeved	D	Pleasant	Joyful	Proud	Blissful
M	0	0	D	M	E	$\mathbf{T}$	E	R
Disgusted	Disappointed	Glum	Ashamed	E	Blessed	At Ease	Content	Fulfilled
Mortified	Alienated	Мореу	Apathetic	$\mathbf{T}$	Humble	Secure	Chill	Grateful
Embarrassed	Excluded	Timid	Drained	E	Calm	Satisfied	Relaxed	Carefree
Alone	Down	Bored	Tired	R	Relieved	Restful	Tranquil	Serene

#### AGENDA //



- + Community Agreements
- + What is Project Wayfinder?
- + Lesson // Purpose Compass
- + Overview // Research + Curriculum
- + Q + A
- + Closing Ritual

# COMMUNITY AGREEMENTS //



#### **COMMUNITY AGREEMENTS**

#### LISTEN TO EACH OTHER

Be present and listen to others Respond, don't react Try to find comfort in silence

#### **BE KIND TO EACH OTHER**

Try not to judge yourself or others Respect other people's journeys Speak from the "I" perspective

#### LEAN INTO DISCOMFORT

Take risks and lean into discomfort
Try new ways of thinking and doing
Don't be afraid to ask questions

#### STEP IN, STEP BACK

Choose what you want to share Notice how much you are sharing Respect confidentiality

#### VIRTUAL COMMUNITY AGREEMENTS

#### **PRESENCE**

Try not to be on other devices

Please mute to limit background noise

#### **PATIENCE**

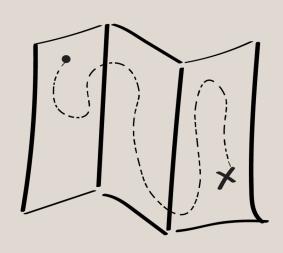
Offer grace with tech issues
Your lovely beings are welcome on screen!

#### **PARTICIPATION**

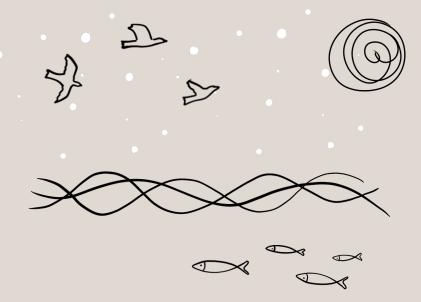
Say your name when sharing
Make a visual gesture to get called on
Use chat feature for questions/affirmations

#### WAYFINDING SKILLS INSTEAD OF MAPS

Just because there is **no map** to a destination...



...it doesn't mean we can't learn skills to find our way...



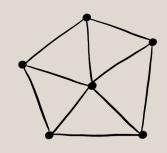
#### WAYFINDER JOURNEY



#### SIX YEARS OF CURRICULUM

#### **BELONGING**

Building a foundation through *connection* 



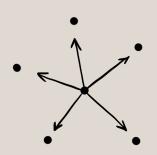
**BELONGING 1: SELF // Grade 7** 

**BELONGING 2: COMMUNITY // Grade 8** 

**BELONGING 3: ACTION // Grade 9** 

#### **PURPOSE**

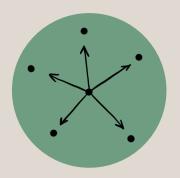
Finding direction through *contribution* 



PURPOSE 1: SELF // Grade 10

PURPOSE 2: COMMUNITY // Grade 11

PURPOSE 3: ACTION // Grade 12



#### **PURPOSE - A DEFINITION**

Finding a meaningful direction through contribution

Living with purpose means having overarching life aspirations that are personally meaningful and contribute to the world beyond yourself.

Purpose gives us reason to be and direction.

## PURPOSE COMPASS

How can you generate purposeful project ideas?



#### **INTRO**

This lesson is about generating ideas so you can apply your self-knowledge of your purpose. You will learn a process for ideating and will generate as many ideas as possible for purposeful projects.



#### REFLECT

- + Reflect on your strengths, loves, and needs in the world.
- + Transfer 3-5 of your responses on to sticky notes. Each response should be on its own sticky note.



#### **EXAMPLE 1**

#### WHAT YOU LOVE TO DO **YOUR STRENGTHS + SKILLS** What fills you with passion? What makes you feel alive? What are you good at? Or would like to become good at? What do you like to do in your free time? Think beyond grades and what is traditionally recognized. **ADD HERE ADD HERE ADD HERE** WHERE I POINT **MY COMPASS** The sweet spot where purposeful projects emerge. **NEEDS YOU CARE ABOUT** What problems have you noticed that you feel moved by? Think about your home, local community, country and wider world

#### SHARE

#### Whole group:

- + Share some combinations of your loves, needs, and strengths.
- + What are some project ideas that emerged from this activity?
- + What are some concrete actions you can take moving forward to being this project?



#### Rayan, 16, UK











#### My purpose project would be....

To create a social media account where I share my illustrations and artwork as a way of advocating for the wellbeing of our planet This is purposeful to me because.... It is a way to combine both my strengths and passion so that I feel like I'm raising awareness in what I truly believe in but also doing it the way which I love. Creating ART has always been one of the ways I like to express myself, by doing so I would feel like I'm also sharing my voice and opinion about serious, global topics that matter to me, such as: the environment

#### Ayala, 16, Kazakhstan





### My purpose project would be....

To organize a online summer camp to teach village kids in my community English

## This is purposeful to me because....

Knowing English is what opened doors to world for me. My need is that I think by doing it I will make world a little more fair. Who knows, maybe future Einstein is in one of the villages right there, but he/she will never realise own potential only because this child's information resources are limited. My strength is that I have experience in tutoring + network of english speakers. Love - literature, which I can engage to study program.

#### WHY?

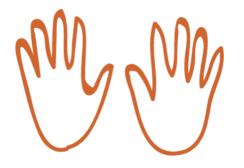
- + Navigating life purposefully requires us to apply our self knowledge of purpose in concrete ways.
- + Experimenting with projects allows us to grow, which gives us more insight into our purpose



#### **EXPERIMENT**

Over the course of a week, notice one small need that your community would benefit from and do something that makes it better than it was before.

Ex: I enjoy cleaning up (love to do) and I'm really good at connecting/bringing people together (strength and skill) and I notice that trash accumulates in our school parking lot. I will organize a trash pick-up party at my school.





"Wayfinder is not a normal class...

It's the type of class to help you in life. For the rest of my life I'll look back on my Wayfinder class because I learned things from this class that I am going to use my whole life."

— Summer, Grade 11 Scholars and Leaders Academy, Clifton, NJ

#### PURPOSE CURRICULUM // Grades 10-12



#### PURPOSE 1: SELF

Grade 10

Uncovering who we are + the gifts we have to offer

Who am I? What is my story?
How does my identity change in context?
What do I value? What brings me joy?
What are my strengths?
How can I use my strengths to help others?
What stories am I telling myself?
How can I grow from challenges?



## PURPOSE 2: COMMUNITY

Grade 11

Exploring the world's needs + how we can contribute

How am I connected to the world?
What and who do I care about?
How am I shaped by the world around me?
How am I already making an impact?
What needs do I care about?
What matters to me and why do I care?
How can i contribute to others?



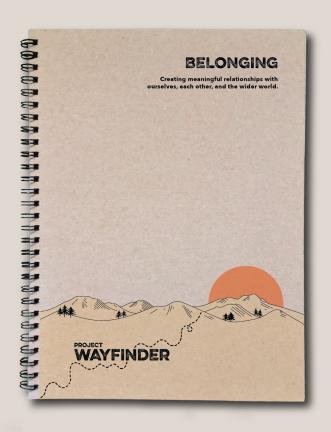
## PURPOSE 3: ACTION

Grade 12

#### Learning skills to navigate our lives with purpose

How can I make purposeful decisions?
How can I stay connected to my purpose?
How can achieve my goals?
How does my identity impact my journey?
How can I connect to a network of people?
How can I reach out to new people for help?
How can I deal with uncertainty + change?

#### TOOLKIT + APP





## QUESTIONS?

Reflecting and processing together



#### THANK YOU!



Contact Brandy at <a href="mailto:brandy@projectwayfinder.com">brandy@projectwayfinder.com</a>

# CLOSING RITUAL //

Reflecting and processing together



#### **CLOSING RITUAL**

