SESSION 2 //

Purpose + Community

MA MA

YOUR GUIDE



BRANDY ARNOLD (she/her)

Director of School Success + Training













WELCOME RITUAL



AGENDA //



+ Community Agreements + What is Project Wayfinder? + Lesson // Recognizing Perspective + Overview // Research + Curriculum + Q + A+ Closing Ritual

COMMUNITY AGREEMENTS //



COMMUNITY AGREEMENTS

LISTEN TO EACH OTHER

Be present and listen to others Respond, don't react Try to find comfort in silence

LEAN INTO DISCOMFORT

Take risks and lean into discomfort Try new ways of thinking and doing Don't be afraid to ask questions

BE KIND TO EACH OTHER

Try not to judge yourself or others Respect other people's journeys Speak from the "I" perspective

STEP IN, STEP BACK

Choose what you want to share Notice how much you are sharing Respect confidentiality

VIRTUAL COMMUNITY AGREEMENTS

PRESENCE

PATIENCE

Try not to be on other devices Please mute to limit background noise

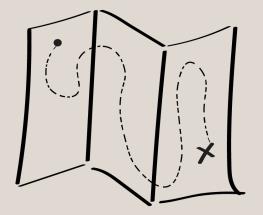
Offer grace with tech issues Your lovely beings are welcome on screen!

PARTICIPATION

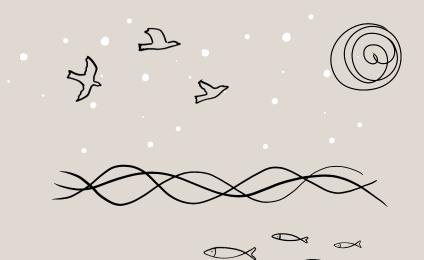
Say your name when sharing Make a visual gesture to get called on Use chat feature for questions/affirmations

WAYFINDING SKILLS INSTEAD OF MAPS

Just because there is **no map** to a destination...



...it doesn't mean we can't **learn skills** to find our way...



WAYFINDER JOURNEY





PURPOSE - A DEFINITION

Finding a meaningful direction through contribution

Living with purpose means having overarching life aspirations that are personally meaningful and contribute to the world beyond yourself. Purpose gives us reason to be and direction.

RECOGNIZING PERSPECTIVE

How does your identity shape your experience of the world?



INTRO

This lesson explores how our identity shapes our perspective.

Recognizing the perspectives we hold helps us identify how we might want to contribute meaningfully beyond ourselves.



INTRO

- + What are some categories that describe parts of our identity? Ex: gender, age, race, etc.
- + You can always choose what you share in this class.
- + You can exercise your choice to pass when asked to share.



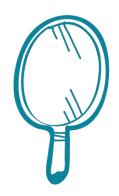
CREATING A IDENTITY CONSTELLATION





+ Write aspects of your identity next to each star.

+ Choose 3 stars and connect them to create a constellation.

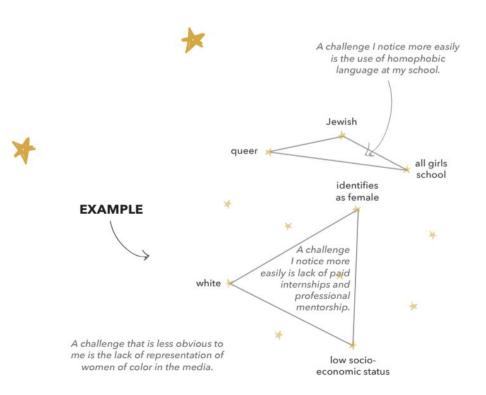


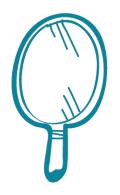
REFLECT

- + Inside the constellation: A need or challenge that you notice more easily because you experience the world through the lens of these social identities.
 - + This doesn't necessarily have to align with all three social identities.
- + Outside the circle: Write a need or challenge that you *don't* notice easily because you experience the world from your particular perspective.



REFLECT







Whole group:

+ Share out needs and challenges you wrote down.

+ What are some ways we might address our gaps in understanding (challenges we don't recognize as easily)?

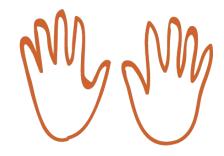


WHY?

- + Your particular perspective allows you to recognize needs and challenges that others may not.
- + We can recognize that we also have blind spots for needs and challenges because of our perspective.
- + Recognizing the perspectives we hold helps us see that we can contribute meaningfully beyond ourselves towards addressing challenges that we easily recognize, or those we don't as easily recognize.

EXPERIMENT

For the next week, think about one of the needs and challenges you wrote outside the circle. How could you understand the need or challenge further?



PURPOSE CURRICULUM // Grades 10-12



PURPOSE 1: SELF Grade 10

Uncovering who we are + the gifts we have to offer

Who am I? What is my story? How does my identity change in context? What do I value? What brings me joy? What are my strengths? How can I use my strengths to help others? What stories am I telling myself? How can I grow from challenges?

PURPOSE 2: COMMUNITY Grade 11

Exploring the world's needs + how we can contribute

How am I connected to the world? What and who do I care about? How am I shaped by the world around me? How am I already making an impact? What needs do I care about? What matters to me and why do I care? How can i contribute to others?

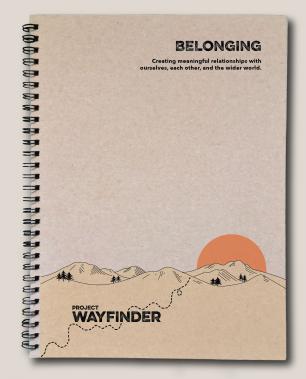


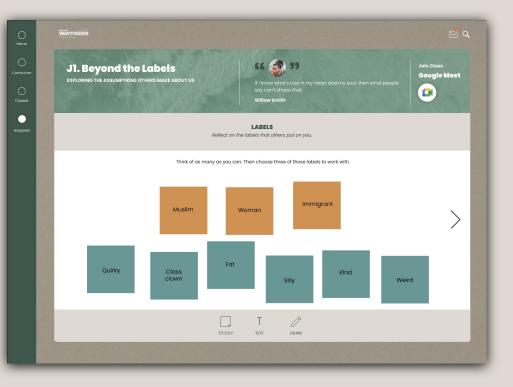
PURPOSE 3: ACTION Grade 12

Learning skills to navigate our lives with purpose

How can I make purposeful decisions? How can I stay connected to my purpose? How can achieve my goals? How does my identity impact my journey? How can I connect to a network of people? How can I reach out to new people for help? How can I deal with uncertainty + change?

TOOLKIT + APP





OUR CURRICULUM

EXPLICIT DEI LESSONS SUPPORTING HEALTHY IDENTITY DEVELOPMENT

MEETING CASELS' NEW EQUITABLE STRATEGIES FOR SYSTEMIC SEL **3** DEI PRACTICES SUCH AS COMMUNITY AGREEMENTS + STUDENT VOICE

RESEARCH + TESTING WITH DIVERSE GROUPS OF TEACHERS + STUDENTS

DESIGNED BY AN EXPERT + DIVERSE CURRICULUM TEAM **REPRESENTATION OF DIVERSE STORIES + EXAMPLES**

RACIAL INJUSTICE RESPONSE KIT

In response to Black Lives Matter and other pressing issues in our nation, here is a resource in tandem to the belonging check-in kit to have critical conversations.



QUESTIONS?

Reflecting and processing together

CLOSING RITUAL

IC(

Prom

¥

CH

THANK YOU, I'M

ONE WORD

Invite each person to choose which of

SPARK, STRETCH, STRUGGLE Prompts

Invite each person to choose which of these they want to share:

- + SPARK Something new you learned or realized (ex:"I realized that I find it difficult to ask for support,""I learned today how much I try to stay in my comfort zone")
- + STRETCH Something you did that felt like a challenge or edge for you (ex: "My stretch was that I shared a personal story today," "My stretch was that I stepped back so that others had space to share more")

Later in the year, consider including:

 STRUGGLE – Something you forgot, made a mistake on, or struggled with that you would like to acknowledge (ex: "I had a hard time focusing")

THANK YOU!



Contact Brandy at <u>brandy@projectwayfinder.com</u>