SESSION 1 //

Purpose + Self
Invite each person to introduce themselves in a way they have never introduced themselves before.

Teacher Note: See Introduce Yourself Twice in Personal Exchanges for a longer version of this Welcome Ritual.
AGENDA //

+ Community Agreements
+ What is Project Wayfinder?
+ Lesson // Myths of Success
+ Overview // Research + Curriculum
+ Q +A
+ Closing Ritual
COMMUNITY AGREEMENTS
COMMUNITY AGREEMENTS

LISTEN TO EACH OTHER
- Be present and listen to others
- Respond, don’t react
- Try to find comfort in silence

BE KIND TO EACH OTHER
- Try not to judge yourself or others
- Respect other people’s journeys
- Speak from the “I” perspective

LEAN INTO DISCOMFORT
- Take risks and lean into discomfort
- Try new ways of thinking and doing
- Don’t be afraid to ask questions

STEP IN, STEP BACK
- Choose what you want to share
- Notice how much you are sharing
- Respect confidentiality
VIRTUAL COMMUNITY AGREEMENTS

**PRESENCE**
- Try not to be on other devices
- Please mute to limit background noise

**PATIENCE**
- Offer grace with tech issues
- Your lovely beings are welcome on screen!

**PARTICIPATION**
- Say your name when sharing
- Make a visual gesture to get called on
- Use chat feature for questions/affirmations
WAYFINDING SKILLS INSTEAD OF MAPS

Just because there is no map to a destination...

...it doesn’t mean we can’t learn skills to find our way...
Wayfinder Journey

feel that YOU BELONG

know what is MEANINGFUL TO YOU

know what YOU CARE ABOUT IN THE WORLD

learn how to ACT WITH PURPOSE
**BELONGING**
Building a foundation through *connection*

**PURPOSE**
Finding direction through *contribution*

**SIX YEARS OF CURRICULUM**

- **BELONGING 1: SELF // Grade 7**
- **BELONGING 2: COMMUNITY // Grade 8**
- **BELONGING 3: ACTION // Grade 9**
- **PURPOSE 1: SELF // Grade 10**
- **PURPOSE 2: COMMUNITY // Grade 11**
- **PURPOSE 3: ACTION // Grade 12**
PURPOSE – A DEFINITION

Finding a meaningful direction through contribution

Living with purpose means having overarching life aspirations that are personally meaningful and contribute to the world beyond yourself. Purpose gives us reason to be and direction.
MYTHS OF SUCCESS
What messages do you receive about success?
The goal today is to work on building the best tower.
Whole group:

+ What were some initial reactions and goals when trying to produce the best tower?

+ How might we develop an idea of what is best?
+ Now, you get a second chance to build the best tower.
+ First, decide what best means to you.
Whole group:

+ How did you improve upon the tower?
+ What were the strategies?
+ How does this relate to life?
+ What have you been taught that success means?
We all inherit our worldview from the family, community, culture and era we’re born into. By reflecting on this worldview we can decide for ourselves how we feel about it and if it makes sense to us.

Whether or not you’re aware of it, you’ve been given lots of messages about what success means.
If you don’t seek to understand what success means to you, you might build a life that doesn’t align with what you care about. Project Wayfinder is all about helping you figure out what matters to you.
PURPOSE – THE RESEARCH

STUDENTS WHO FEEL PURPOSEFUL...
+ healthy identity formation
+ increased academic engagement
+ higher grade point averages
+ higher levels of prosocial behavior
+ hold positive academic self-identities
+ higher levels of self-motivation

STUDENTS WHO DON’T FEEL PURPOSEFUL...
+ increased antisocial behavior + bullying
+ engagement in risky behaviors
+ higher rates of depression
+ higher rates of substance abuse + addiction
+ poorer quality of social relationships
+ increased self-absorption
PURPOSE CURRICULUM // Grades 10-12

PURPOSE 1: SELF
Grade 10
Uncovering who we are + the gifts we have to offer
Who am I? What is my story?
How does my identity change in context?
What do I value? What brings me joy?
What are my strengths?
How can I use my strengths to help others?
What stories am I telling myself?
How can I grow from challenges?

PURPOSE 2: COMMUNITY
Grade 11
Exploring the world’s needs + how we can contribute
How am I connected to the world?
What and who do I care about?
How am I shaped by the world around me?
How am I already making an impact?
What needs do I care about?
What matters to me and why do I care?
How can I contribute to others?

PURPOSE 3: ACTION
Grade 12
Learning skills to navigate our lives with purpose
How can I make purposeful decisions?
How can I stay connected to my purpose?
How can I achieve my goals?
How does my identity impact my journey?
How can I connect to a network of people?
How can I reach out to new people for help?
How can I deal with uncertainty + change?
TOOLKIT + APP

BELONGING
Creating meaningful relationships with ourselves, each other, and the wider world.

J1. Beyond the Labels
EXPLORE THE ASSUMPTIONS OTHERS MAKE ABOUT US

If I know what’s true in my heart and soul, then what people say can change nothing.
— Willow Smith

Reflect on the labels that others put on you.

Think of as many as you can. Then choose three of those labels to work with.

- Muslim
- Woman
- Immigrant

- Quirky
- Classy
- Fat
- Silly
- Kind
- Weird
QUESTIONS?
Reflecting and processing together
Thank you, I'm sorry, I am.

Spark

Still

One word

Check-out

 Invite everyone to take turns sharing a one-word response about how they are feeling at the moment.
THANK YOU!

Contact Brandy at
brandy@projectwayfinder.com