

PURPOSE SERIES

PROJECT
WAYFINDER

A stylized illustration of a mountain range. The mountains are yellow with black outlines and some diagonal hatching. The sky is a solid teal color. A white dashed line winds across the mountains, representing a path. Several black silhouettes of people are scattered across the landscape: some are standing on peaks, some are in groups on slopes, and one person is standing with arms raised on a central peak. There are also black silhouettes of evergreen trees on various slopes.

SESSION 1 //

Purpose + Self



YOUR GUIDE



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WELCOME RITUAL





AGENDA //

- + Community Agreements
- + What is Project Wayfinder?
- + Lesson // Myths of Success
- + Overview // Research + Curriculum
- + Q +A
- + Closing Ritual



COMMUNITY AGREEMENTS //



COMMUNITY AGREEMENTS

LISTEN TO EACH OTHER

Be present and listen to others
Respond, don't react
Try to find comfort in silence

LEAN INTO DISCOMFORT

Take risks and lean into discomfort
Try new ways of thinking and doing
Don't be afraid to ask questions

BE KIND TO EACH OTHER

Try not to judge yourself or others
Respect other people's journeys
Speak from the "I" perspective

STEP IN, STEP BACK

Choose what you want to share
Notice how much you are sharing
Respect confidentiality

VIRTUAL COMMUNITY AGREEMENTS

PRESENCE

Try not to be on other devices
Please mute to limit background noise

PATIENCE

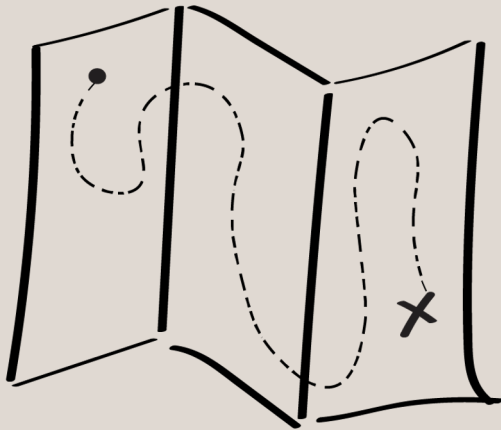
Offer grace with tech issues
Your lovely beings are welcome on screen!

PARTICIPATION

Say your name when sharing
Make a visual gesture to get called on
Use chat feature for questions/affirmations

WAYFINDING SKILLS INSTEAD OF MAPS

Just because there is
no map to a destination...



...it doesn't mean we can't
learn skills to find our way...



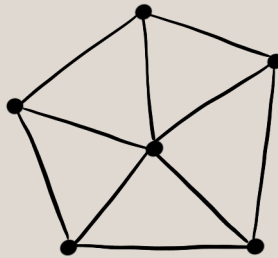
WAYFINDER JOURNEY



SIX YEARS OF CURRICULUM

BELONGING

Building a foundation
through *connection*



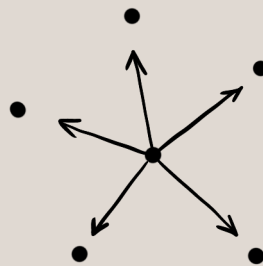
BELONGING 1: SELF // Grade 7

BELONGING 2: COMMUNITY // Grade 8

BELONGING 3: ACTION // Grade 9

PURPOSE

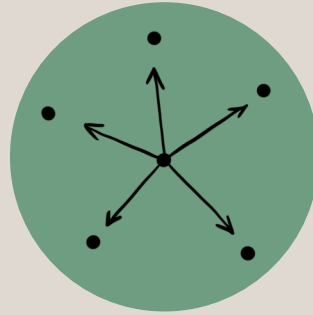
Finding direction
through *contribution*



PURPOSE 1: SELF // Grade 10

PURPOSE 2: COMMUNITY // Grade 11

PURPOSE 3: ACTION // Grade 12



PURPOSE – A DEFINITION

Finding a **meaningful direction** through **contribution**

Living with purpose means having overarching life aspirations that are personally meaningful and contribute to the world beyond yourself.

Purpose gives us reason to be and direction.

MYTHS OF SUCCESS

What messages do you receive about success?



INTRO

The goal today is to work on building the best tower.



SHARE

Whole group:

- + What were some initial reactions and goals when trying to produce the *best* tower?
- + How might we develop an idea of what is *best*?



PAPER TOWERS

- + Now, you get a second chance to build the best tower.
- + First, decide what best means to you.



SHARE

Whole group:

- + How did you improve upon the tower?
- + What were the strategies?
- + How does this relate to life?
- + What have you been taught that success means?



WHY?

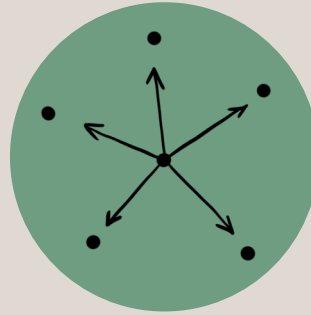
- + We all inherit our worldview from the family, community, culture and era we're born into. By reflecting on this worldview we can decide for ourselves how we feel about it and if it makes sense to us.
- + Whether or not you're aware of it, you've been given lots of messages about what success means.



WHY?

If you don't seek to understand what success means to *you*, you might build a life that doesn't align with what you care about. Project Wayfinder is all about helping you figure out what matters to you.





PURPOSE – THE RESEARCH

STUDENTS WHO FEEL PURPOSEFUL...

- + healthy identity formation
- + increased academic engagement
- + higher grade point averages
- + higher levels of prosocial behavior
- + hold positive academic self-identities
- + higher levels of self-motivation

STUDENTS WHO DON'T FEEL PURPOSEFUL...

- + increased antisocial behavior + bullying
- + engagement in risky behaviors
- + higher rates of depression
- + higher rates of substance abuse + addiction
- + poorer quality of social relationships
- + increased self-absorption

PURPOSE CURRICULUM // Grades 10-12



PURPOSE 1: SELF Grade 10

**Uncovering who we are
+ the gifts we have to offer**

Who am I? What is my story?
How does my identity change in context?
What do I value? What brings me joy?
What are my strengths?
How can I use my strengths to help others?
What stories am I telling myself?
How can I grow from challenges?



PURPOSE 2: COMMUNITY Grade 11

**Exploring the world's needs
+ how we can contribute**

How am I connected to the world?
What and who do I care about?
How am I shaped by the world around me?
How am I already making an impact?
What needs do I care about?
What matters to me and why do I care?
How can I contribute to others?

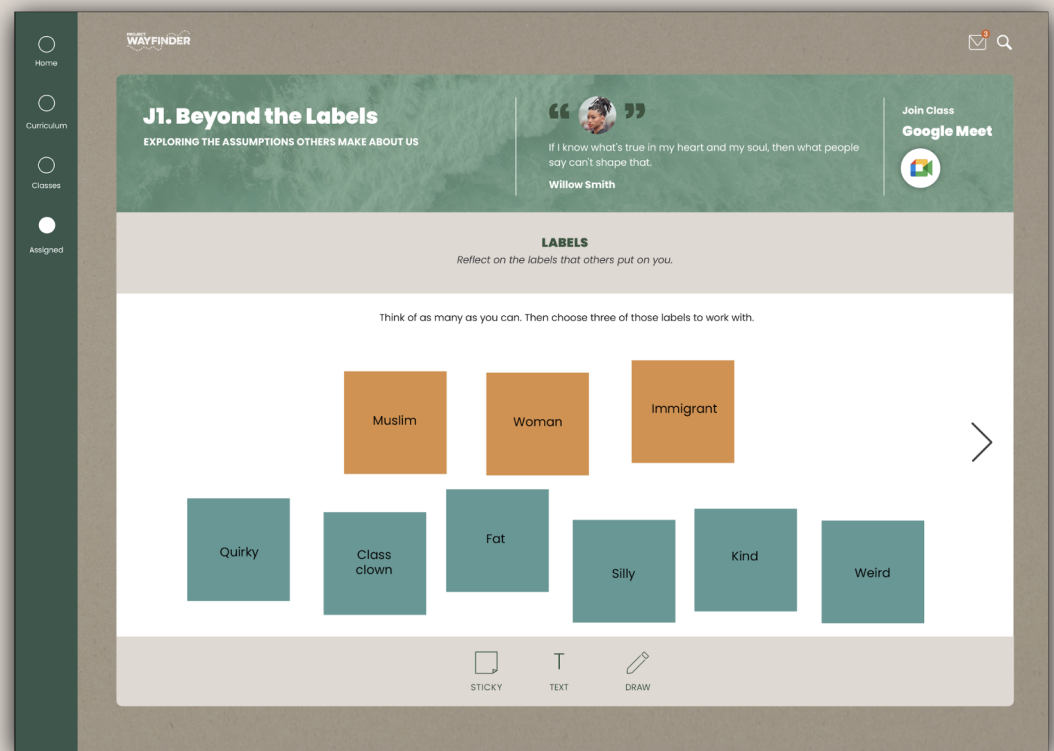
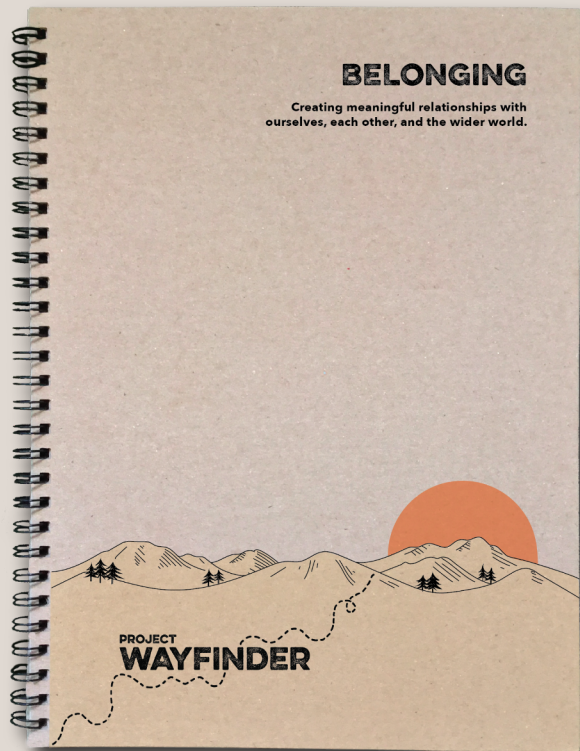


PURPOSE 3: ACTION Grade 12

**Learning skills to navigate
our lives with purpose**

How can I make purposeful decisions?
How can I stay connected to my purpose?
How can I achieve my goals?
How does my identity impact my journey?
How can I connect to a network of people?
How can I reach out to new people for help?
How can I deal with uncertainty + change?

TOOLKIT + APP



QUESTIONS?

Reflecting and processing together



CLOSING RITUAL

THANK YOU,
I'M SORRY

Invite each person to choose which of these they want to share:

I COULD
Pro

Invite each person to choose which of

STEP ONE WORD
STEP CHECK-OUT
Prom

Invite everyone to take turns sharing a one-word response about how they are feeling at the moment.



THANK YOU!



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