

Monday, May 4, 2020 at 9am PST/12pm EST

## ***Saving Superman: Focusing on Educator Self-Care***

with Kennard Branch, Teri Lawler,  
Dr. Victor Carrion, & Chi Kim

This session was selected by SXSW EDU on the SEL Track. With the conference canceled, we wanted to bring this panel to you. Join panelists: Kennard Branch, Principal of Garfield Prep Academy in DC Public Schools; Teri Lawler, Delaware Department of Education; Dr. Victor Carrion, Stanford Medicine; and Chi Kim, CEO of Pure Edge, Inc., as they discuss how developing an integrated model of educator self-care is critical for the care of our nation's 55+ million learners.



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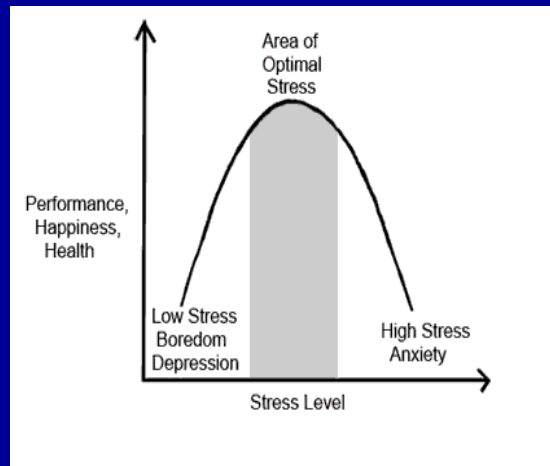
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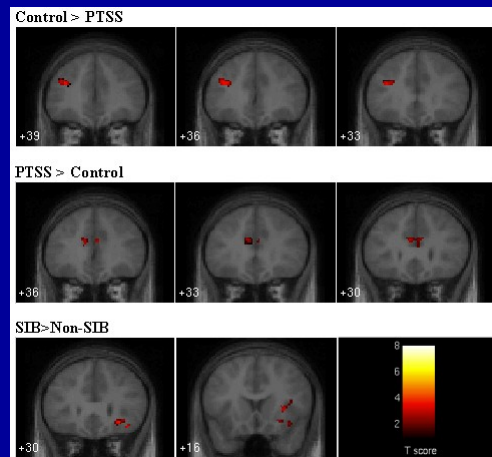
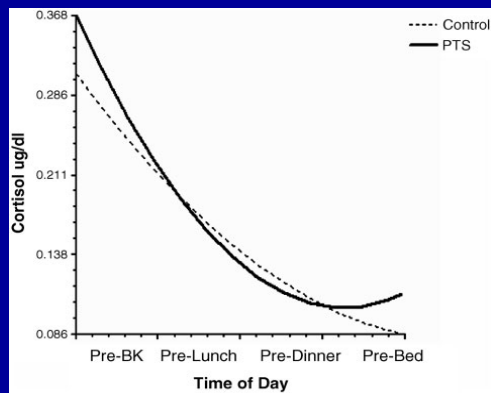
Early Life Stress and Resilience Program

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# Stress

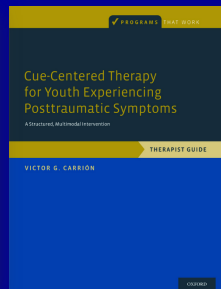


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## Cue-Centered Therapy for Youth Experiencing Posttraumatic Symptoms A Structured Multi-Modal Intervention, Therapist Guide



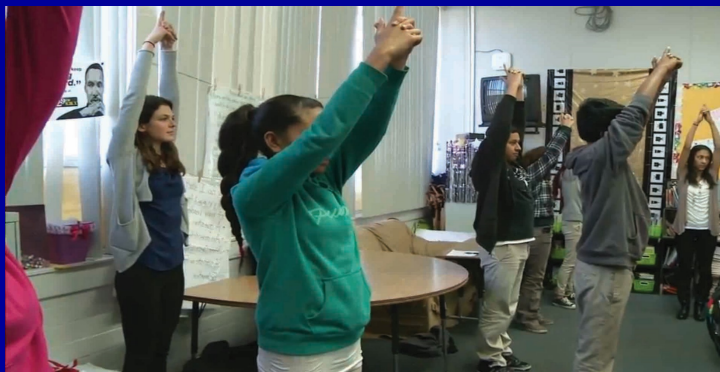
### Victor G. Carrión

- Developed for therapists treating the complex clinical scenarios of chronically traumatized children
- Emphasizes the importance of empowering children to become their own agents of change
- Allows therapists flexibility in conducting each session and leaves room for them to apply their own strengths
- Utilizes a hybrid of interventions shown to be effective when treating traumatized children
- Tailored specifically for the treatment of children who experience ongoing adversity

January 2016 | Paperback  
\$49.95 | ISBN: 9780190201326

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## Prevention: Pure Power Curriculum

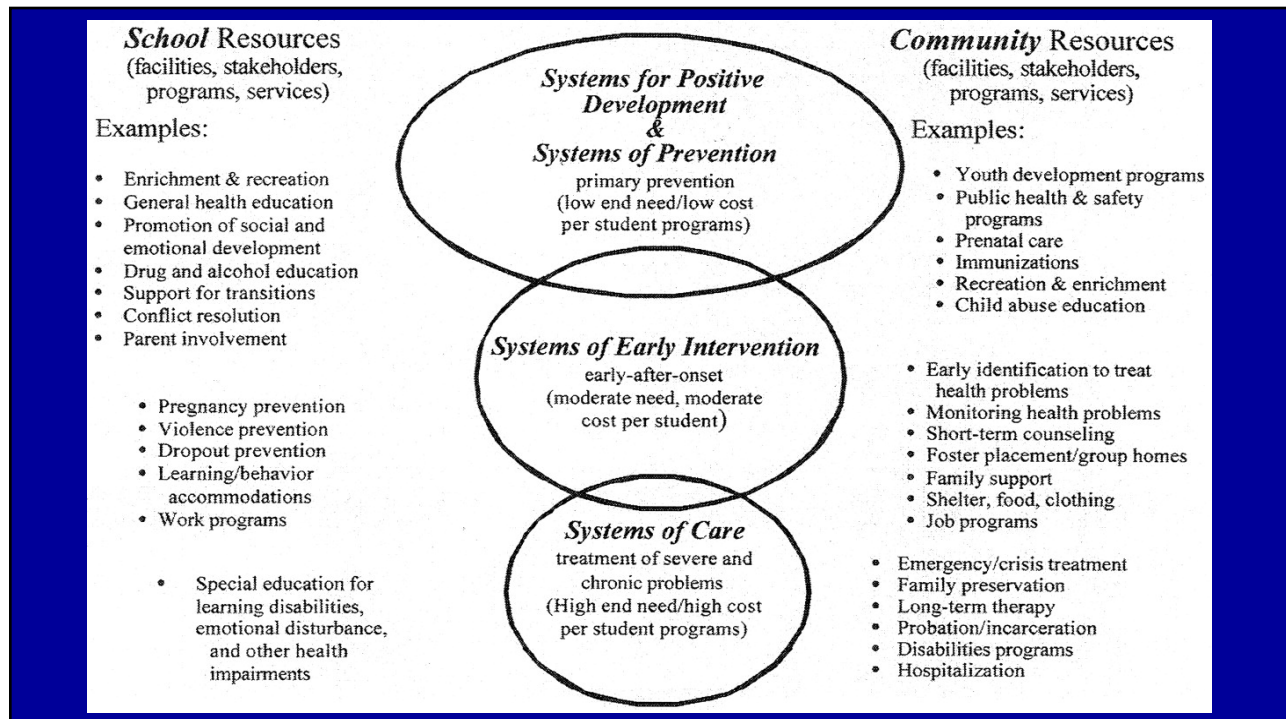


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## Resilience Factors

- Presence of another
- Creativity
- Ability to sooth self
- Emotional Regulation
- Persistence
- Cognitive Flexibility

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## Building Strong Citizens

- health,
- cognitive flexibility,
- emotion regulation,
- executive function,
- empathy

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## Why Teachers?

Our Experience with Pure Power  
Our Development of B2L



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## Creating a Statewide Culture of Care

**Bridging Hope and Opportunity**

May 2020

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## The Power of Breathe

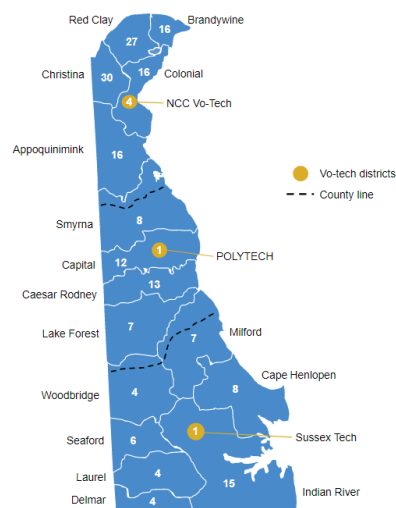


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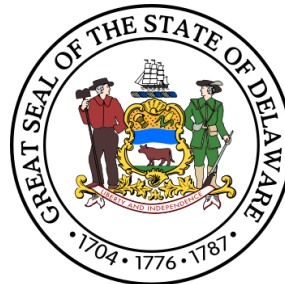
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## Delaware: The First State

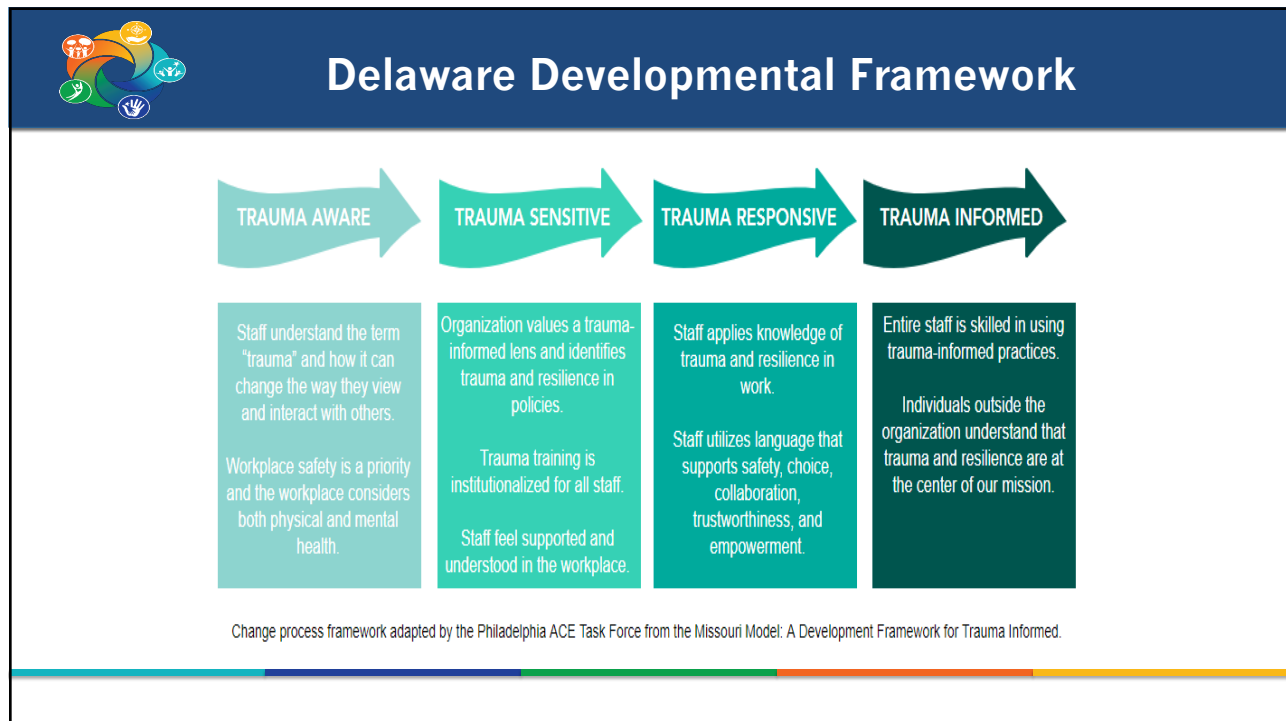


- 1st state in union, 2nd smallest in size
- Population <1m
- 3 Counties
- 19 School Districts & 21 Charter Schools
- Total = 139,144 students

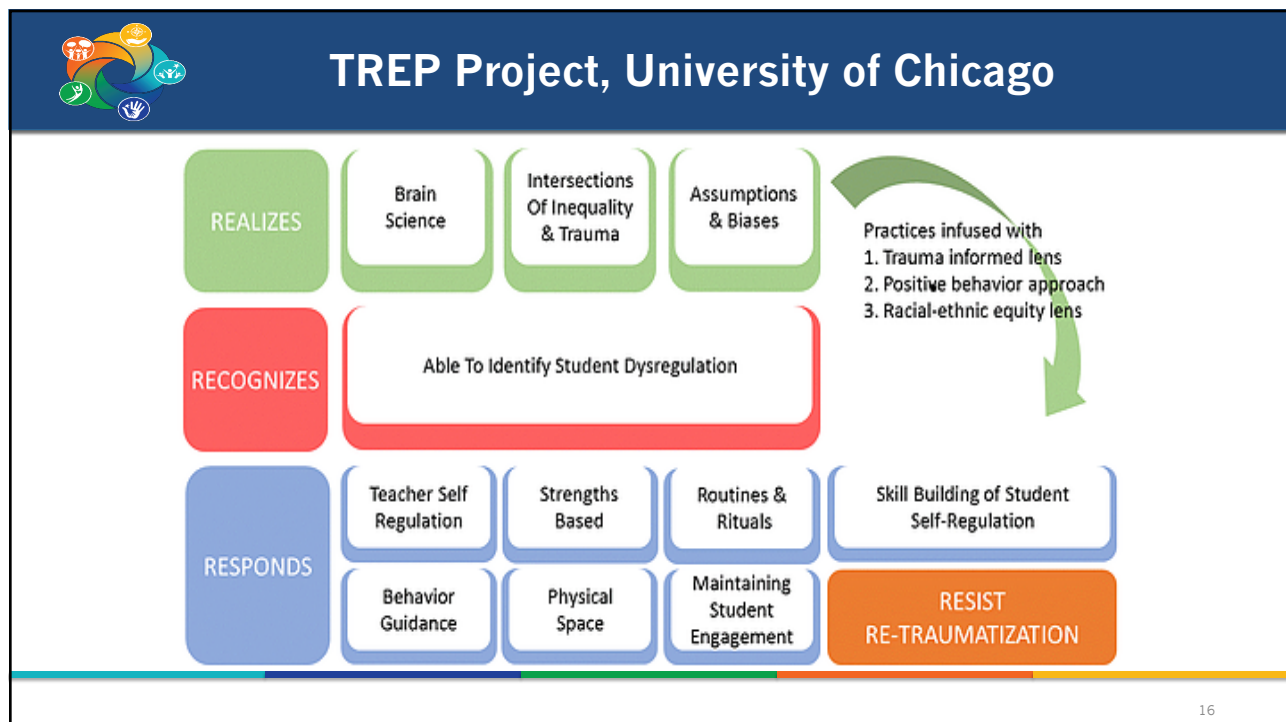


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## Prioritize Adult SEL-Care

### Prevention and Management Of Secondary Traumatic Stress

Foundational SEL  
Practices

Embedded SEL  
Classroom Practices

Strong Relationships For All

Physical  
Safety

Psychological  
Safety

Emotional  
Safety

Mindfulness For All

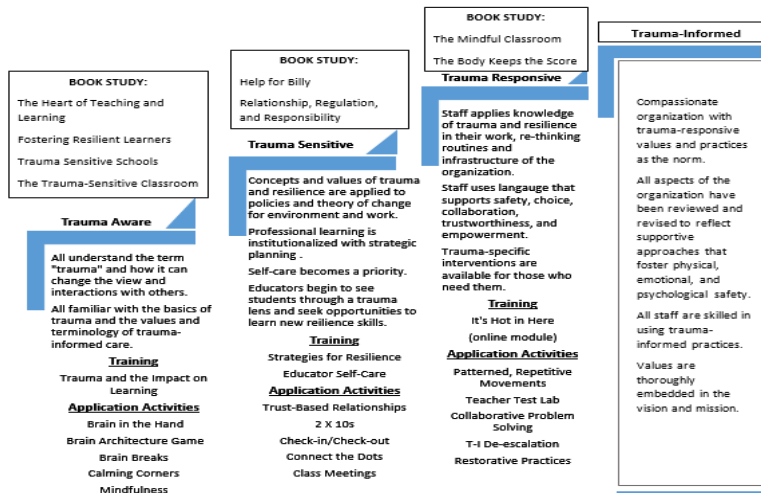
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## Educator Preparation

### Capacity Building Progression for Trauma-Informed Schools



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## Bridging Hope and Opportunity



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## STAY CONNECTED

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**#DEWholeChild**

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